

8.4P
STUDENT HEALTH SERVICES
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General

Student Health Services is funded by the Student Health Fee fund (see Policy 8.4.1). Students enrolled in any credit course are provided services free, with the exception of charges approved by the Student Health Services Advisory Committee. (See Policy and Procedure 8.4.3)

The Student Health Services Advisory Committee is an appointed President's Advisory Committee. This committee evaluates current services relative to college needs, reviews health fee income and expenditures, and makes suggestions and recommendations to the Director of Student Health Services and the college's administration.

Student Health Services offices are established at both the Santa Rosa and Petaluma campuses, with some services provided intermittently at other college locations. The scope and level of service at locations off the Santa Rosa campus will vary depending on assessment data and demonstrated need. Services are available for students during the fall and spring semesters and the summer session.

Service provided to District employees for work-related injuries, and tuberculosis clearances, will be reimbursed by the District per employee, at the rate of the current semester's health fee. District staff may utilize clinical care services for personal need, by authorizing a payroll deduction equivalent to a semester's health fee.

Clinical Care Services

Clinical care services are primarily provided by District employed College Nurse Practitioners. Physician contracts are generated to provide clinical consultation services, and direct physician services periodically during the year. Students may see a physician only after receiving an authorized referral from a College Nurse Practitioner.

1. Assessment, Intervention and Referral for Acute Physical Conditions

College Nurse Practitioner and Physician services are provided for acute illnesses and injuries, within the scope of Standardized Procedures agreed upon on an annual basis by the Director, Student Health Services, the Vice President of Student Services, and the consulting physicians.

Included are specific parameters for use of laboratory work, approved procedures, and dispensing of prescription and non-prescription medications. Students needing services or materials not included in the Standardized Procedures are referred to community healthcare resources and any associated costs are the responsibility of the student. Ongoing clinical care for chronic, long-term conditions is not provided and appropriate referrals are made.

2. First Aid and Basic Emergency Care

All employees in Student Health Services are certified in CPR and First Aid. Basic life support, first aid, and assessment for additional emergency care needs are provided in the health centers when staff is on duty. Transportation to community healthcare resources is arranged as needed. Providers

employed by Student Health Services with other specialized emergency care certifications will not be limited from using their skills in emergency situations, as long as all procedural requirements are followed. Student Health Services provides consultation to staff regarding emergency medical procedures and participates in District staff development activities addressing medical issues in the classroom.

3. Health Appraisal

Health screenings are provided by qualified personnel, including blood pressure checks, vision and hearing screenings, and simple laboratory tests. Health risk assessment services are provided by a variety of professionals, with appropriate counseling and referrals.

4. Communicable Disease Control

Disease screening, treatments, case management support services, immunizations, and other prevention services are provided in collaboration with the Sonoma County Department of Health Services and other agencies to control communicable diseases in the college community. All clinicians are required to report a case or suspected case of a communicable disease to the local public health department.

Immunization and health screening requirement recommendations are made for various District programs, based on public health and national college health standards. Student Health Services provides assistance to students in meeting academic program health requirements either through direct services or referrals to community providers.

5. Reproductive Health Care

The majority of reproductive health services offered to students through Student Health Services are provided via collaborative agreements with outside healthcare agencies. The District provides disabled accessible facilities, appointment booking, and outreach information to students, while the outside agency provides personnel, billing services, lab work, medical record management, and liability coverage for the services they provide. Services include diagnosis and treatment of sexually transmitted infections, birth control, breast cancer screening, pregnancy counseling, and health education. Clinics are hosted at least weekly when student demand is high.

Mental Health Care

Mental health services are provided primarily by Student Psychological Services (SPS), operating under a Student Health Services contract with licensed outside provider(s). The program is structured as a supervised psychology internship program, with graduate-level psychology interns providing direct therapy services for students during the fall and spring semesters.

1. Crisis Management

Student Psychological Services staff and/or College Nurse Practitioners provide initial care in the health center for those experiencing a psychological emergency. Psychology interns are available for drop-in crisis intervention and referral services, at a specified time at the Santa Rosa and/or Petaluma campuses daily. College Nurse Practitioners provide crisis intervention services during clinical hours when Student Psychological Services is not available. Providers assess the student's need for further care either at the Student Health Services department or by an outside agency.

2. Crisis Intervention Resource Team (CIRT)

The District's Crisis Intervention Resource Team (CIRT) is administered by Student Health Services Designated professionals across the District provide consultation and support services for all District employees who have concerns about specific student behaviors. Behavioral incident reports are created as needed and preventive case management services are provided, in collaboration with the Vice President of Student Services regarding student conduct code violations. CIRT also provides staff development training on handling disruptive and dangerous situations in both the classroom and work settings.

3. Short-term Psychological Counseling

Short-term therapy is provided by psychology interns in conjunction with a licensed psychologist supervisor. Interns assess students who self-refer or are referred by college staff. The students' needs are evaluated; these may include suicide prevention, stress management, drug/alcohol treatment, help with an eating disorder, and/or treatment of psychological difficulties which affect their ability to perform academically or remain in school. Length of treatment is considered a clinical decision that is based on the specific needs of each student. Direct care for diagnosed chronic long-term conditions is not provided and students are referred to appropriate community resources for these conditions.

Support Services

1. Confidentiality/Mandated Reporting

Student Health Services maintains a written policy and procedure manual regarding the handling of all protected health information in the department that complies with State and Federal privacy laws. A *Provider Notice of Privacy Practices* is offered to every client receiving confidential services and receipt of this information is kept on file. Protected health information is released as mandated by law (e.g. communicable diseases, gunshot wounds, harm to self or others, child abuse, etc), and when an individual authorizes, in writing, release of their protected health information to other healthcare providers or agencies. Providers within the department (physicians, nurse practitioners, psychology interns) share information with each other on an as-needed basis.

2. Medical and mental health records

Medical Records, in physical and/or electronic form, document all clinical encounters with students and staff. Mental health records are maintained separately from medical records. All records are retained for seven years, per State law, then destroyed.

3. Incident Reports

Incident reports generated throughout the District are sent to the Student Health Services department. Staff reviews them to identify student health follow-up needs, and to send correspondence to those that may qualify for Student Accident Insurance benefits. Copies are forwarded to the Environmental Health and Safety office immediately for their review process and to the Human Resources Department when indicated. Summary reports are provided to the District's Safety Committee. Incident Reports are kept on file for five years then destroyed.

4. Student Accident Insurance (SAI)

Student Health Service's staff provides assistance to students that are filing claims under the District's Student Accident Insurance policy, due to injuries incurred during college sponsored activities. Records of claims initiated are kept in the Student Health Services office for three years and communications are made with the Student Accident Insurance carrier as needed.

Special Services

1. Health education and outreach

The Student Health Services professional staff integrates health counseling and education into all encounters with students. Classroom presentations and seminars are offered, on a variety of health related topics. Educational support groups are sponsored periodically on selected health issues.

Student Health Services collaborates with Sonoma County's Health Services Prevention Division and other outside agencies on integrating health education and prevention programs into the college community on topics ranging from drugs, alcohol, and tobacco to HIV. Consultation with college staff on health related topics are provided, including integration of health issues into curricula and

facilitating service learning opportunities. College-wide Health Awareness activities are coordinated with various departments.

A broad selection of health information and resources is maintained by the department. A department WEB page is maintained, with current hours of operation and program information, listings of basic community health resources, and links to other key health information websites.

2. Athletic Screenings

Health screening and physical exam services are provided for the District's student-athletes as facilitated through the Athletics department. These services are provided with funding from athletic class fees, as use of Health Fee funds for this activity is prohibited by the Education Code. The screenings focus on the identification of risk factors, prevention of injuries and meeting immunization requirements, through health history reviews and physical exams.

3. Teaching and Research

Student Health Services provides clinical practicum opportunities to a variety of health sciences and psychology students. All professional staff may function as mentors/teachers to students from SRJC and other educational institutions throughout the area. All clinical students are required to strictly adhere to confidentiality mandates and applicable District policies.

Research is conducted in Student Health Services, as related to the clinical quality assurance process, program review and student learning outcomes monitoring, and/or contributing to the advancement of college health practice. Surveys are administered periodically to students, at point of service contacts, in classroom settings, and on-line to assist in the assessment, implementation, and evaluation of program activities. In-house database information is analyzed periodically as part of clinical outcomes measurements and utilization review. Any human subject research proposal is to be reviewed and approved by the sponsoring agency's research review committee, and authorized by the Director, Student Health Services in consultation with the Office of Institutional Research.

Staffing

The Director of Student Health Services must fulfill the minimum qualifications as outlined in Title 5, Section 53411 for a Health Services program supervisor (Master's Degree in health related field, Public Health Nurse Certificate).

Permanent Classified Staff positions are utilized within the department appropriate to the level of service and funding capabilities.

Student Health Aides are utilized in a variety of office support activities, including reception, clerical duties, and outreach activities.

Psychologists, physicians, and other designated health professionals may work on a contractual basis.

Required licensure and certifications for all professional staff are verified upon hiring and monitored on an ongoing basis.