

Staff News for Santa Rosa Junior College, October 29, 2004

A Week of Halloween Haunts!

Various Halloween festivities are scheduled this week at SRJC!

The Halloween Bash Potluck and Costume Parade and Contest is scheduled for all SRJC faculty and staff from 12:30 AM – 1:30 PM this Friday, October 29 at Heritage Plaza on the Santa Rosa Campus.

Remember that we especially need main dishes, salads, and appetizers to make our ghoulish potluck inviting to all. Check out the poster for food assignments, but if you'd rather bring a main dish instead of candy or cookies, feel free! Remember, all potluck items should be taken to the President's Office in Bailey Hall by 11:45AM on Friday.

For those of you who choose to wear costumes, let your imagination run wild! Our judges are looking for an array of award-winning costumes in many categories, including the funniest, scariest, most original, nerdiest, best impersonator, They-Spent-Too-Much-Time-On-Their Costume, and Looks-Better-Than-He/She-Looks-In-Work-Clothes. You know that our illustrious judges and MC offer uncanny evaluations!

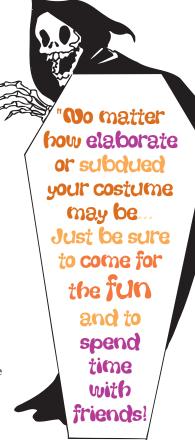
We want as many of our faculty and staff members from both campuses and every center to attend this event, no matter how elaborate or subdued your costume may be. Just be sure to come for the fun and to spend time with friends and colleagues! See you this Friday at the Halloween Bash come rain or shine (if it does rain, we'll meet in Bailey Hall).

Order Pies and More for Thanksgiving!

With the Thanksgiving holidays quickly approaching, SRJC's Bakery at the Brickyard is taking orders now for freshly baked apple, pecan, and pumpkin pies, plus rolls and cranberry relish!

Fax or e-mail your orders by Wednesday, November 17 at fax 576-0261 or jansderson@santarosa.edu, and plan to pick up your order on Wednesday, November 24 at the Culinary Arts Center at 458 B Street in downtown Santa Rosa.

These holiday treats promise to be delicious! Prices: 9" apple, pecan, pumpkin pies \$10; one dozen dinner rolls \$5; cranberry relish \$3.50. Pay with cash or credit card at time of pick up.



How to Prevent Catching the Flu

Keep your immune system strong - Take a multivitamin daily, eat fruit and vegetables, get enough sleep, and take a 20-30 minute walk each day.

Use disposable tissues to cover your mouth and nose when coughing and sneezing.

Wash your hands - To wash your hands effectively, suds your hands for no less than 15-20 seconds. If soap and water are not available, alcohol-based hand rubs are effective.

Encourage coughing persons to sit at least 3 feet away

Clean office phones and doorknobs periodically, especially if you have had sick individuals in your

Avoid touching your nose and eyes.

Some people like to defer handshaking as a greeting during flu season.

IF YOU GET THE FLU, STAY HOME FROM CLASSES AND THE WORKPLACE, SO NOT TO SPREAD THE GERMS.

Flu Vaccine Shortage Impacts SRJC

With the nation experiencing a shortage of flu vaccines due to manufacturing problems, the Center for Disease Control (CDC) issued guidelines that limit the use of any vaccine received by health-care agencies only for individuals who fall into a "high-risk" category. Healthy adults are being asked to take a pass on a flu shot this year.

SRJC's Student Health Services ordered flu vaccine, but has not received vaccine yet. We understand that our supply has likely been diverted by the CDC to other locations with greater need. If we do receive vaccine at the College, we will adhere to CDC guidelines and limit the supply to students who have chronic diseases, as well as to our health sciences, paramedic, and EMT students who are directly involved in patient care as part of their academic program.

For those of you in a high risk category as outlined at http:// www.cdc.gov/flu/protect/whoshouldget.htm, there are a few resources that may help you find a place to get a flu shot:

> Kaiser members - Latest information about flu clinics at 571-4832

> Sutter-VNA-Hospice – New flu clinics in weeks ahead at 1-800-500-2400

Shuttle Bus Ends November 10 - Resumes January 10

SRJC's highly successful Shuttle Bus Program will temporarily end on November 10, according to the College's agreement with the Santa Rosa Plaza as to the use of their parking garage. Averaging over 300 riders a day to and from the Santa Rosa Campus, with the number of riders at times hitting 500, shuttle riders will be notified of this schedule change and be given free parking permits that allow them to park on campus between November 11 and January 9 free. The shuttle service will resume January 10 for the spring semester.

SRJC Leader Center Nov 2

The Student Affairs Office has scheduled Fall Seminar #4 of Project LEARN, "Learning Enhancement Through Assessment and Reflection," on Tuesday, November 2 from noon to 1 PM in Pioneer Hall. This seminar offers students and staff members an opportunity to discuss what students think they should learn while enrolled at SRJC.

The aim of the LeaderCenter is "To engage students in a variety of learning opportunities that expand their knowledge and abilities in leadership and service, so that principles of civic responsibility, respect, justice and integrity may evolve in their relationships and communities." Contact Robert Ethington, ext. 4573.

Veteran's Round Table Nov 8

In honor of Veteran's Day and the men and women who served in the Vietnam War, a Veteran's Round Table is scheduled on the Santa Rosa Campus, Monday, November 8 at 12:15 PM in Newman Auditorium.

The roundtable panel includes three local combat vets of the Vietnam War: Mark Weston, Mortar Gunner, from the 101st Airborne Division; Mike DeCastro, Artillery Repairman, 4/12 1st Marin Division; and Jim Valinote, Senior Combat Medic, 1st Air Cavalry Division. Sponsored by Student Affairs, the Arts & Lecture Committee, and the Associated Students, the event is free. Call ext. 4573 for information.

Oct 29 Office Depot Workshop

An Office Depot Workshop is scheduled on Friday afternoon on October 29 from 2:00 to 3:00 PM in 2926 Maggini Hall, Santa Rosa Campus. Presenters Sarah Butters from Purchasing and Gil Tremyne and Doug Sill from Office Depot will conduct the hands-on session about online ordering, online returns, creating 'My Shopping Lists,' and 'My Profile.'

DAY OF THE DEAD Dia de los Muertos

MONDAY, NOVEMBER 1, 7 PM

HEROLD MAHONEY LIBRARY, PETALUMA CAMPUS

Among Latin American and European cultures, one day of the year is set aside to celebrate El Dia de los Muertos, a time to honor with sadness, humor, altars, food and song those who have died. One night of the year we invite them back in memory and spirit to help us celebrate the thread that links us in our common humanity/mortality. Opening the evening will be the musical group, Xaguia Gura, formed in 1994 in Oaxaca, Mexico. Xaguia Gura play on reproductions of original Meso-American musical instruments. Many of the instruments used are designed to imitate sounds from nature, creating an atmosphere that reveals the daily lives of the indigenous peoples of Mexico and their relationship to nature. Xaguia Gura is based in Oakland, California and has performed throughout the North Bay in schools and museums. Organizer Ernesto Hernandez Olmos is an accomplished artist whose work can be found in numerous collections. He has also created traditional altars for the Oakland Museum and the Academy of Sciences. Co-sponsored by SRJC's Multicultural Events Committee and funded in part by a grant from the SRJC Foundation Randolph Newman Cultural Enrichment Endowment.

TUESDAY, NOVEMBER 2, NOON

World Cultures Garden, Barnett Hall, Santa Rosa Campus

Octavio Paz, who won the 1990 Nobel Prize in literature, explained the Day of the Dead celebration as follows, "The word death is not pronounced in New York, in Paris, in London, because it burns the lips. The Mexican, in contrast, is familiar with death, jokes about it, caresses it, sleeps with it, celebrates it, it is one of his favorite play toys and most steadfast love. In its celebration, a culture steps outside time to acknowledge the enduring truth. Time is no longer a succession and becomes what it originally was, the present, in which past and future are reconciled. In celebrating death we step outside time and soul and ascend the external cycle of life and death." Please join us for the procession at noon, as ESL students create an altar exhibition in Room 1289. Sponsored by the ESL Department and Arts & Lectures. Contact Margarita Montes, ext. 4881 for more

Management Workshops Scheduled

Members of the Management Team should mark their calendars for the upcoming management training activities:

Friday, November 5, 9:00 - 10:00 AM, Oak Room, SR Campus COFFEE AND CONVERSATION: STILL THRIVING IN DIFFICULT TIMES

Discussion about stewardship of SRJC resources. Refreshments served

Friday, November 12, 1:30 -3:00 PM, Lark Hall 2004, SR Campus SRJC EMERGENCY PREPAREDNESS PLAN

Mandatory for managers -

Don Silverek, SRJC Police, Presenter: A review of the *Emergency Preparedness Plan* for SRJC, including general guidelines, administrator responsibilities, ICS operations, logistics, and communications. An additional session will be scheduled in spring 2005.

Friday, December 3, 10:00 -11:00 AM, Oak Room, SR Campus COFFEE AND CONVERSATION Topic to be announced

To cover the cost of refreshments, forward checks for \$10 made out to SRJC to Kris Abrahamson, Dean, Emeritus Hall.

Sympathy

SRJC extends sympathy to Susan Jaderstrom, BOT Instructor at the Petaluma Campus, who suffered the loss of her sister who passed away last week after an extended illness. Our thoughts are with Susan and her family during this especially difficult time.



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