

## Crisis (Yellow Card) Referrals to Student Psychological Services

Student Psychological Services (SPS) at SRJC offers therapy and crisis support through the SPS offices of Student Health Services located in Plover Hall, Room 559 on the Santa Rosa campus and the Richard W. Call building on the Petaluma Campus. We want to support students, faculty and staff when students' mental health issues interfere with academic success. Outlined below is our process for responding to student distress that becomes evident in your work with students, either through behavioral disruption or obvious emotional symptoms. Yellow Card referrals receive priority on an as needed basis.

### *Faculty Referral Guidelines*

- If you are unsure about the best course of action and would like consultation, please contact Bert Epstein, Program Coordinator (524-1595) to discuss options about a particular student.
- If you feel a student needs support from Student Psychological Services please refer this student to SPS, and we will make every effort to offer an assessment and services as needed that day, or within 48 hours. *If they cannot wait 48 hours please contact Sonoma County Mental Health Emergency Services at 576-8181.*
- If you want to make a direct referral be sure to *follow these three steps*:
  1. **Fill out** the attached "Yellow Card" for the student to bring to SPS that day.
  2. **Send** or accompany the student to SPS.
  3. **Fill out** the bottom portion of this form and **Fax** it to SPS, Fax: 524-7893, Attn: Bert Epstein, Program Director. Any information you may be able to offer regarding the behaviors that led to the referral may be useful in the therapy for the student. (If you want to leave a voicemail in addition, please call 524-1595.)

Please remember that SPS services are confidential, and so a student's therapy is legally and ethically protected and private. However, students who arrive at SPS with a Yellow Card are asked if they would sign a release allowing us to acknowledge to you that they have been seen by a therapist here. If they sign, we will contact you.

<b>Faculty/Staff Name</b>	<b>Phone/email</b>
<b>Student Name</b>	<b>Date</b>

Reasons for referral and description of disturbance as you see it:

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Hopes/Expectations of student's support through SPS?

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For SPS use only: Contacted faculty on _____ (date)      _____ (SPS name)
Use reverse for notes.